



Spring is finally here, and with it comes a season of renewal, fresh opportunities, and community connection! As the days grow longer and the flowers begin to bloom, we are reminded of the importance of staying engaged, active, and supported. April also brings National Volunteer Week (April 27-May 3), a time to celebrate and thank the wonderful volunteers who make a difference in our community. If you know someone who dedicates their time to helping others, be sure to show your appreciation.

As always, if you need assistance with navigating benefits or any other inquires, please don't hesitate to reach out.

King regards,
Emma, Carole, Shannon, Angela and Sharon

CCSRC - OFFICES

St. Andrews: 506-408-0041
(Emma, Carole & Shannon)

Office Hours

Monday – Thursday*
8:00 AM – 12:00 PM and 1:00 PM – 4:00 PM
Closed for lunch from 12:00 – 1:00 PM

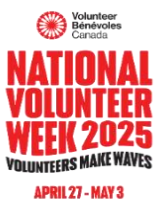
*To avoid disappointment / wait times by finding us booked or out of the office visiting with clients, it's best to reach out to the office for an appointment ahead of any visit. Reach out @ 506-408-0041.

Campobello: 506-469-1324 (Angela)

Grand Manan: 506-469-4943 (Sharon)

Website: charlottecountyseniors.ca

Like, follow and share us on Facebook:
CharlotteCountySeniorsResourceCentre



The theme for National Volunteer Week 2025 is *Volunteers Make Waves*. It highlights the power, impact and importance of individual & collective volunteer efforts across Canada. Like a wave, volunteering is movement building.

ALZHEIMER SOCIETY NEW BRUNSWICK

PRESENTATION

My Life with Parkinson's / THE LAST 13 YEARS

If you have Parkinson's ... you have questions. This presentation will be helpful for those living with Parkinson's and family, caregivers and friends.

Presenter: Randy Wilcox, Past President of the Saint John chapter for Parkinson Canada

DATE: **THURSDAY, APRIL 24th**

TIME: 1:00 – 2:00 PM

LOCATION: Anglican Parish Hall, 75 King St., St. Andrews

You are warmly invited to attend. Please **reserve** your spot as spaces are limited. Light refreshments will be served.

RSVP – Shannon @ 506-408-0041 or email to office@charlottecountyseniors.ca

EASTER MONDAY – ST. ANDREWS
FREE COMMUNITY DINNER



All Saints Parish Hall
75 King St., St. Andrews

MONDAY, APRIL 21st
Continuous service from
4:00 – 6:00 PM

Everyone welcome

SPRING FLING SOCIAL

Join us for a monthly social on the **second Tuesday** of each month for an afternoon of socializing and special musical guests at the Bayside Community Hall. No charge for these socials. Free beverages and snack table.

DATE: **TUESDAY, APRIL 8th**

TIME: 1:00 – 3:00 PM

LOCATION: Bayside Community Hall, 3049 Rte. 127



FREE COMMUNITY LUNCHES

CAMPOBELLO

Beacon of Hope Church will be hosting community lunches for residents of Campobello Island.

Lunches start at NOON

April dates:

Tuesday, April 1st
Tuesday, April 15th
Tuesday, April 29th

FREE to all in the community with an offering plate available for donations if anyone would like to help.

ST. ANDREWS

All Saints Parish Hall, 75 King St.

Every **FRIDAY** from **11:30 AM – 1:30 PM**

Soup, roll, dessert, tea/coffee

Meal is free and donations are accepted.

Eat in or take out / delivery service available within town limits with advance notice.

ST. GEORGE

THE HUB, 28 Main St.

Every **WEDNESDAY** from 12:00 – 1:00 PM

All are welcome to join us for a free lunch/dessert.

FREE COMMUNITY DINNER – ST. STEPHEN

Neighbourhood Works Community Hall
59 Union St.

Every **TUESDAY & THURSDAY**
5:00 – 6:00 PM

All are welcome.

SUPPORT YOUR LOCAL COMMUNITY MARKET

DATE: **Saturday, April 5th**
TIME: 10:00 – 2:00 PM
LOCATION: Parish Hall, 75 King St., St. Andrews

DATE: **Saturday, April 19th**
TIME: 1:30 – 3:30
LOCATION: Grand Manan Community Center

HOSPICE OF CHARLOTTE COUNTY

GRIEF SUPPORT GROUPS



Grief is a normal and expected response to the loss of a significant person in your life. Grief support is available to anyone who is suffering a loss, and meetings are offered at no charge in the following locations:

ST. STEPHEN – 1st Tuesday of each month

Humphreys' Community Room, 20 Marks St.

2:00 – 4:00 PM

ST. ANDREWS – 2nd Tuesday of each month

St. Andrews Wellness Ctr., 24 Reed Ave.

1:00 – 3:00 PM

ST. GEORGE – 3rd Tuesday of each month

St. Mark's Anglican Church/Community Hub

28 Main St., St. George

1:00 – 3:00 PM

ALL ARE WELCOME.

For further information, contact Cathy Jackson of Hospice of Charlotte @ 506-465-0800.

EDUCATION LUNCH & LEARN

BASIC FIRST AID – GRAND MANAN *Atlantic Emergency Medical Training Solutions*

This session will cover medication management, fall prevention, basic first aid education.



DATE: **MONDAY, APRIL 28th**

TIME: 12:00 – 2:00 PM

LOCATION: Newton's Studio,
Grand Manan

FREE lunch will start @ 12:00 PM

All participants must reserve their spot in advance by contacting Shannon @ 506-408-0041 or email office@charlottecountyseniors.ca

DIRECT TO TENANT RENTAL SUBSIDY (DTT)



If you are a senior 65 and over, renting and earning less than \$47,000 a year, you may be eligible for the **Direct to Tenant Rental subsidy (DTT)**. This is a monthly subsidy offered through NB Housing. The Resource Centre has been

very successful in helping seniors apply for this subsidy. Please feel free to reach out to us to see if you are eligible / need assistance in applying for this benefit.

LOW INCOME SENIOR BENEFIT APPLICATIONS - AVAILABLE APRIL 2025

Eligibility – To qualify for the 2025 annual benefit of \$616, the applicant must have been a resident of New Brunswick on December 31, 2024 and a recipient of a benefit under the Old Age Security Act (Canada), notably:

- Federal Guaranteed Income Supplement (GIS) during 2024 (must be 65 years or older) or
- Federal Allowance for the Survivor during 2024 (must be between 60-64 years old) or
- Federal Allowance during 2024 (must be between 60-64 years old).

PROPERTY ASSESSMENT SERVICES – PROPERTY TAX ALLOWANCE

Overview – the property tax allowance provides a tax reduction to low income property owners

Eligibility – to qualify for the Property Tax Allowance, the applicant must be an assessed owner of Jan. 1st of the year, as well as at the time of the application, it must be your principal residence, and you must be receiving the Residential Property Tax Credit.

Description – If you and your spouse have a combined taxable income of:

- Less than \$22,000, you are eligible for up to a \$300 rebate
- Between \$22,001 and \$25,000, you are eligible for up to a \$200 rebate.
- Between \$25,001 and \$30,000, you are eligible for up to a \$100 rebate.

MAY COMPUTER SESSIONS



During the month of May, CCSRC will be partnering with Keith MacKinnon (NBPLS) to offer **one-on-one** computer sessions for seniors. We will be offering two sessions in St. Andrews at the Resource Centre and another session at the St. Croix Library in St. Stephen.

All participants must reserve their spots **in advance** by contacting Shannon @ 506-408-0041 or email office@charlottecountyseniors.ca

ST. ANDREWS

DATES: Tuesday, May 6th

Wednesday, May 21st

TIMES: 10:00 AM – 3:00 PM

LOCATION: Seniors Resource Ctr, 24 Reed Ave.

ST. STEPHEN

DATE: Friday, May 16th

TIMES: 10:00 AM – 3:00 PM

LOCATION: St. Croix Public Library, St. Stephen

CAMPOBELLO ISLAND UPDATE



Living on an island brings many challenges to its residents, especially an island where the only connection to the mainland is via a bridge to the U.S. for 9 months of the year. It was certainly the case this month when residents of Campobello Island

were attempting to apply/renew their Canadian passports with no options for official passport pictures. On Sunday, March 2nd, special services were coordinated by our dedicated Resource Centre Coordinator on Campobello Island, **Angela Smart** to bring photographers to Island residents for passport photos! Johnston and Rebecca, owners of **By The Sea Framing & Photo** shop in St. Andrews stepped up to the challenge of providing photo services for residents and volunteered their time to deliver this

crucial service. One small hiccup - they did not have current Canadian passports, so Mayor Harvey Matthews stepped in to bring his fishing vessel **MY UPTOWN GIRL** over from Campobello to the wharf at St. Andrews for pickup and delivery of Johnston and Rebecca. It was a very productive day of photos with 74 passport pictures taken for Island residents (from 3 months to 94 years of age).

Service Canada teams from St. Stephen and Saint John offices visited the island for 3 days in March (10-12) where services were provided to residents of the island for passport verification and submissions, applications for OAS, CPP, GIS, EI, Canada Child Benefit and so much more!

Sincere thanks to the many volunteers and groups who assisted with these special operations:

- **Angela Smart & the team** at the **Charlotte County Seniors Resource Centre**
- **Johnston & Rebecca** from **By The Sea Framing & Photo** of St. Andrews
- **Mayor Harvey Matthews & The Uptown Girl** for transportation to/from Campobello Island
- **Service Canada teams** from St. Stephen & Saint John offices
- **Rural community of Campobello Island** and its dedicated team of volunteers
- **Campobello Volunteer Fire Dept.** for the use of space
- **Office of MP John Williamson** for extra passport application printing services

CANADIAN MENTAL HEALTH ASSOCIATION

Connecting Movement to the Mind

DATE: **THURSDAY, APRIL 10th**

TIME: 10:00 – 12:00 PM

LOCATION: St. Andrews Wellness Centre

*To register and/or further information, please contact Lisa Cheney at 506-300-9290 or email to lisa.cheney@cmhanb-acsmnb.ca

“Making Wellness a Priority”

COMMUNITY VOLUNTEER INCOME TAX PROGRAMS

Volunteer Centre of Charlotte County

199 Union Street, St. Stephen

Drop off your tax information and pick it up when completed – Tuesdays & Thursdays from 9 AM – 3 PM.

For additional information, call 506-465-4995

Neighbour Works

59 Union Street, St. Stephen

Drop off your tax information and pick it up when completed – Mondays & Wednesdays from 9 AM – 3 PM

Ross Memorial Library

110 King St., St. Andrews

Tax clinics offered for the month of April by appointment only. Appointments must be booked directly through the library @ 506-529-5125.

CARDIAC REHAB SURVEY



A 4th year Honors student in the Bachelor of Health program at the University of New Brunswick (UNB), Saint John campus has reached out to us with the Cardiac Rehab survey. As part of her Honours thesis, and a larger ongoing research initiative, the team is currently seeking individuals in the Atlantic Provinces who would be willing to complete a survey pertaining to their experience with cardiac rehab.

They are also interested in hearing from individuals who experienced a heart attack, a heart surgery/procedure, heart failure, or other heart conditions, who did NOT participate in cardiac rehab. The survey is available in both English and French, takes about 20 minutes to complete, and participants will have the opportunity to be entered in a draw for a \$50 gift card. The team hopes to gather as many perspectives as possible to better understand patient experiences, needs and challenges.

Thanks for making a difference!

SURVEY LINK:

PatientsVoice.ca | [Cardiac Rehab Experience \(qualtrics.com\)](https://qualtrics.com)