

CHARLOTTE COUNTY SENIORS' NEWSLETTER

NOVEMBER 2024



Hello,

As we enter November, we pause to honor Remembrance Day and reflect on the bravery, sacrifices, and resilience of veterans in our community and beyond. We are grateful for their contributions, and we encourage everyone to take a moment to remember those who served.

With the cool November air settling in, we want to keep you updated on what's happening at the Charlotte County Seniors Resource Centre. Enjoy the newsletter.

Kind regards,

*Charlotte County Seniors Resource Centre
Team Members*

CHARLOTTE COUNTY SENIORS RESOURCE CENTRE - OFFICES

St. Andrews: 506-408-0041
(Emma, Carole & Shannon)

Office Hours

Monday – Thursday
8:00 AM – 12:00 PM and 1:00 PM – 4:00 PM
Closed for lunch from 12:00 – 1:00 PM

Campobello: 506-469-1324 (Angela)

Grand Manan: 506-469-4943 (Sharon)

Like, follow and share us on Facebook:

Charlotte County Seniors Resource Centre

NEW BRUNSWICK PUBLIC LIBRARY SERVICES



Keith MacKinnon will be offering personal computer lessons during the month of November. Please register in advance and bring along your own computer device.

Please **RSVP** to Shannon @ 506-408-0041 or office@charlottecountyseniors.ca

DATE: Tuesday, November 26th

TIMES: 10:00 AM – Noon / 1:00 – 3:00 PM

*All sessions will take place at the Charlotte County Seniors Resource Centre, 24 Reed Ave., St. Andrews – **enter through the Wellness Centre doors and just follow the yellow line down the hall.**

MONTHLY AFTERNOON SOCIALS

Join a monthly social on the second Tuesday of the month for an afternoon of socializing and entertainment at the Bayside Community Hall. No charge for these socials. Free beverages (tea, coffee, water) and snack table.

DATES: Tuesday, Nov. 12th / Tuesday, Dec. 10th

TIMES: 1:00 – 3:00 PM

**LOCATION: Bayside Community Hall, 3049
Route 127, Bayside**

DIRECT TO TENANT RENTAL SUBSIDY (DTT)

If you are a senior 65 and over, renting and earning less than \$47,000 a year, you may be eligible for the Direct to Tenant Rental subsidy (DTT). Contact us at the Seniors Resource Centre or call 211.

FALL PREVENTION

Charlotte County Seniors Resource Centre has partnered with *Canadian Falls Prevention Coach*, Carla DeLong, to host an information session on fall prevention.

DATE: Thursday, November 14th
TIME: 1:30 PM

LOCATION: Charlotte County Seniors Resource Centre, 24 Reed Ave., St. Andrews (enter through **Wellness Centre** doors)

*Spaces are limited for this session. Please book your spot by **November 7th** by calling Shannon at the Seniors Resource Centre, 506-408-0041 / office@charlottecountyseiors.ca to reserve your spot.

COMMUNITY KITCHEN & SOCIAL

FRIDAYS – Nov. 1st, 8th, 15th, 22nd and 29th

11:30 AM – 1:30 PM

Anglican Parish of St. Andrews, 75 King St.

Soup, roll, dessert, tea/coffee

Meal is free and donations are accepted.

Eat in or take out / delivery service available within town limits with advance notice.

FREE COMMUNITY LUNCH – ST. GEORGE

Every **WEDNESDAY** from 12:00 – 1:00 PM

THE HUB, 28 Main St., St. George

All are welcome to join us for a free lunch and dessert.

ST. ANDREWS SENIORS ACTIVITY CENTRE

Be sure to check out new activities being offered at the St. Andrews Youth Activity Centre this fall. Programs include table tennis, cribbage, generation connect, aqua-fit, line dancing, coffee club, supported yoga, painting for beginners, and much more.

Activities will take place at the St. Andrews Community Youth Activity Centre during hours in which the facility is currently under utilized. With ample time for additional programming, this space is

ideal for older adults due to the modern amenities, central location, and welcoming environment.

Programs will take place on Mondays, Wednesdays and Fridays - 9:00 AM to 2:00 PM

All activities are FREE and available for folks 55 and over. The Youth Activity Centre is located at 24 Reed Ave., St. Andrews – **YELLOW BUILDING LOCATED BEHIND THE W.C. O'NEILL ARENA COMPLEX.**

For more information and pre-registration (for specific activities), please contact us at:

Email: recreation@townofstandrews.ca

Ph: 506-529-5143

Website: townofsaintandrews.ca/program/seniors-activity-centre

REMEMBRANCE DAY SERVICES – NOV. 11th



St. Stephen

10:45 start – St. Stephen Cenotaph - 170 Milltown Blvd., St. Stephen

10:45 start – Milltown War Memorial Cenotaph - corner of Queensway Way / Church Street

Royal Canadian Legion, St. Stephen Branch will be hosting an Open House **after** services - 43 Queen St W., St. Stephen

St. Andrews

Church opens @ 10:30 – 11:00 AM start
All Saints Anglican Church - 77 King St.

Campobello Island

11:00 start - Campobello Island Cons. School

St. George

10:45 start – Memorial Park

Blacks Harbour

10:00 start – Stella Maris Community Center, 837 Main St., Blacks Harbour

Grand Manan

10:45 start – Cenotaph beside fire hall