



Happy October!



As the leaves begin to change and the days become a little shorter, October is a wonderful time to slow down, enjoy the beauty around us, and prepare for the months ahead.

What a busy month it has been for our team! Our Community Empowerment Fair was a tremendous success, welcoming 414 people through the doors. We are so grateful to everyone who attended, volunteered, shared information, and helped make the day such a wonderful community gathering.

As we move into fall, we want to remind you that our centre is here for you. Whether you have a question about government programs, benefits, health cards, housing, in-home supports, or simply aren't sure where to start, please reach out. Sometimes finding the right information or service can feel overwhelming, and that is exactly where we can help. October is also a good month to think ahead. As winter approaches, take some time to make sure you have the important information, supplies, medications, emergency contacts, and support you may need. A little preparation now can provide peace of mind later.

Happy Thanksgiving! Please know how thankful we are for you, our clients, and for Janet Cranford, our wonderful newsletter editor. We appreciate everything you do to help keep our community connected and informed.

From all of us at the Charlotte County Seniors Resource Centre, we wish you a beautiful October filled with crisp fall days, colourful leaves, warm cups of tea, and plenty of reasons to smile.

With warm wishes,
Emma, Carole, Angela, Shannon, Amanda and Patti

CCSRC - OFFICES

St. Andrews (Main office): 506-408-0041
(Emma, Carole & Shannon)

Office Hours

Monday – Thursday*

8:00 AM – 12:00 PM and 1:00 PM – 4:00 PM

Closed for lunch from 12:00 – 1:00 PM

*To avoid disappointment / wait times by finding us booked or out of the office visiting with clients, it's best to reach out to the office for an appointment ahead of any visit. Reach out @ 506-408-0041.

Campobello: 506-469-1324 (Angela)

Eastern Charlotte: 506-469-1450 (Amanda)

Grand Manan/White Head: 506-469-4943 (Patti)

St. Stephen: 506-469-4984 (Carole)

Website: charlottecountyseniors.ca

Like, follow and share us on Facebook:

Charlotte County Seniors Resource Centre



FREE COMMUNITY THANKSGIVING DINNER



Monday, October 12th

Continuous service from 3:00 PM – 6:00 PM

Anglican Parish Hall, 75 King St., St. Andrews
Everyone in the community is welcome!

COMMUNITY MARKETS

FRIDAY NIGHT MARKET

Fridays from 4:00 PM – 8:00 PM

Riverside Park,
35 Riverview Ave., St. George

COMMUNITY MARKET

Saturday, Oct. 10th from 10:30 – 12:30
Grand Manan Community Pavillion

LOW INCOME PROPERTY TAX ALLOWANCE



If you and your spouse have a combined taxable income of less than \$22,000, you are eligible for up to \$300 rebate; income between \$22,001 and \$25,000, you are eligible for up to \$200 rebate; and income between \$25,001 and \$30,000, you are eligible for up to \$100 rebate. Feel free to reach out to us at the Charlotte County Resource Centre for application assistance.

NB ALZHEIMER SOCIETY PRESENTS



A LUNCH & LEARN – TAKING CARE OF YOUR BRAIN

Thursday, Oct. 15th
11:30 AM – 1:00 PM

Charlotte County Seniors Resource Centre
5-24 Reed Avenue, St. Andrews
Pre-registration required – **RSVP** to Shannon @
506-408-0041 office@charlottecountyseniors.ca

Don't forget about weekly CHCO-TV Bingo. On Campobello bingo is back at the Alan Seeley Community Room in Welshpool on TUESDAY evenings for a 7:00 PM bingo start time. Everyone is welcome and refreshments are provided. Bingo cards can be purchased at Value Foods.



Charlotte County Seniors Resource Centre, 24 Reed Avenue, Unit 5, St. Andrews, NB E5B 1A1

MONTHLY MOVIES



The St. Andrews Film Society screens a wide variety of film classics every month. Films are shown on Sundays at the W.C. O'Neill Arena Complex in St. Andrews – theatre entrance is on Harriett Street. All are welcome.

THE CHRISTOPHERS (2025, UK, 14A, 100 min.)

Suggested donation of \$5

TIFF FILM CIRCUIT MINI FESTIVAL

Suggested donation for TIFF Films of \$10

DANCING ON THE ELEPHANT

(2025, Canada, PG, 94 min.)

Sunday, Oct. 25th @ 7:00 PM

LATE FAME

(2026, US, 14A, 97 min.)

Sunday, Nov. 1st @ 7:00 PM

I SWEAR

(2025, UK, 14A, 120 min.)

Sunday, Nov. 8th @ 7:00 PM

For further information about film selections, check out posters around town or the Film Society facebook page:

www.facebook.com/standrewsfilmsociety

SERVICE CANADA IS COMING TO GRAND MANAN

DATE: Wed., October 21st

TIME: 11:30 AM – 2:30 PM

LOCATION: North Head Business Centre

Questions or need further information? Reach out to Patti at 506-469-4943



ONE-ON-ONE COMPUTER/DEVICE ASSISTANCE

Timeslots with Keith from NB Public Libraries will be available on **WEDNESDAY, October 21st**. Please call for more details and to reserve your spot. Sessions are held in our office with coffee/tea and treats available. Reach out to Shannon @ 506-408-0041 or email to office@charlottecountyseniors.ca

SNACKS & FACTS – KALEIDOSCOPE

Kaleidoscope has been taking investments to build its capital since 1999. We use this invested capital to help individuals create income, build assets, and attain greater self-reliance through social finance, social impact real estate & social impact training. Come and meet Pamela Jones on Oct. 7th.

Wednesday, Oct. 7th from 11:00 AM – 1:00 PM
Adams Lodge, Roosevelt Campobello Int'l Park
All ages event

RSVP to Angela Smart @ 506-469-1324



FREE COMMUNITY MEALS

ST. ANDREWS COMMUNITY FRIDAY LUNCHES

Watch for their return in early October

ST. GEORGE

THE HUB, 28 Main St.

Every **WEDNESDAY** from 12:00 – 1:00 PM

All are welcome to join us for a free lunch/dessert.

ST. STEPHEN

Neighbourhood Works Community Hall
59 Union St., St. Stephen

Every **TUESDAY & THURSDAY** / 5:00 – 6:00 PM

AFTERNOON SOCIAL MUSIC



2nd TUESDAY of every month
Music makes people come
together!

Enjoy live music, refreshments, games, and great company. This is a wonderful opportunity to connect with old friends, make new ones, and enjoy an afternoon with your community.

DATE: Tuesday, October 13th

TIME: 1:30 – 3:30 PM

NEW LOCATION:

O'Neill Arena Complex – 2nd Floor

HOSPICE OF CHARLOTTE COUNTY **GRIEF SUPPORT GROUPS**



Grief is a normal and expected response to the loss of a significant person in your life. Grief support is available to anyone who is suffering a loss, and meetings are offered at no charge in the following locations:

ST. STEPHEN – 1st Tuesday of each month

Hospice of Charlotte County, 78 Milltown Blvd, Unit 6
2:00 – 4:00 PM

ST. ANDREWS – 2nd Tuesday of each month

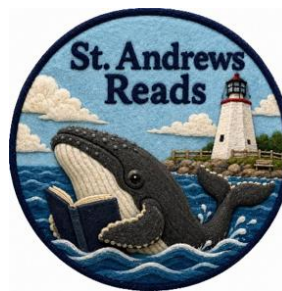
St. Andrews Wellness Ctr., 24 Reed Ave.
1:00 – 3:00 PM

ST. GEORGE – 3rd Tuesday of each month

St. Mark's Anglican Church/Community Hub
28 Main St., St. George
1:00 – 3:00 PM

ALL ARE WELCOME.

For further information, contact Cathy Jackson of Hospice of Charlotte County @ 506-465-0800



ST. ANDREWS READS! Spindrifters, in partnership with Goose Lane Editions, is excited to announce a new literary initiative in St. Andrews. Spindrifters will host four Goose Lane authors for a discussion and launch of their latest works. Jon Tattrie, author of seven nonfiction books and two novels, will kick us off on Friday, October 23rd at 5:00 PM at Sunbury Shores Arts and Nature Centre. Tattrie will launch the new expanded edition of his award-winning book *Peace by Chocolate*. To learn more, visit **St. Andrews Reads!** on Facebook and Instagram.

As of September 28th, we have 565 clients registered with the Charlotte County Seniors Resource Centre. If you prefer to receive the newsletter by email, please reach out to Shannon at office@seniorsresourcecentre.ca

UPCOMING EVENTS IN CHARLOTTE COUNTY

FALL CRAFT AND CROP / FREE community event hosted by the Enterprise Women's Institute
Come and join us for a day with friends, craft and LOTS of delicious food.

Saturday, Oct. 3rd / 9:00 AM – 7:00 PM

Tower Hill Hall, 1098 Route 775

Pre-registration required.

Contact Darlene McLaughlin @ 506-466-3799

24th ANNUAL WALK CAUSE WE CARE

Saturday, Oct. 3rd @ 11 AM

Pre-registration:

St. George - Magaguadavic Centre @ 9 AM

St. Stephen - Guardian Drug Store @ 10 AM

Deer Island - Community School @ 9 AM

Come walk, give & connect.

All proceeds support Charlotte County Cancer

BLESSING OF THE ANIMALS

Sunday, Oct. 4th @ 4:00 PM

St. Paul's Anglican Church, Grand Harbour

FAMILY FALL FEST

Saturday, Oct. 14th from 11 AM – 2 PM

Patrick Connors Rec Complex, Blacks Harbour

COMPASSIONATE GRIEF CENTRE FALL GRIEF CAFÉ



Grief can feel lonely, but you don't have to face it alone. Our Grief Café is a welcoming space where people come together to share stories, find understanding, and connect with others who truly get it.

St. George Café / Wednesdays from 2:00-4:00 PM
Magaguadavic Centre, 11 J.O. Spinney Street

St. Stephen Café / Wednesdays from 6:00-8:00 PM
Top Shelf Cabinets, 47 Milltown Blvd.

St. Andrews Café / Thursdays from 6:00-8:00 PM
W.C. O'Neill Arena, 24 Reed Avenue

Call (506) 696-0202 for further information.

www.compassionategriefcentre.ca/grief-café



139 Water St., St. Andrews

DATE: Saturday, October 31

TIME: 2:00 PM - 3:30 PM

Enjoy Poetry? Come join our monthly series of poetry and prose readings, hosted by Fundy Bay Writers at Sunbury Shores Art Centre on **the last Saturday of every month**. There is no cost to attend (though donations to Sunbury Shores are always welcome). Come listen and enjoy OR bring some favourite poems to read aloud. If you would like to join us, please call 506-529-3386 or email us at info@sunburyshores.org so we have an idea of how many folks plan to attend.

LAP QUILT RAFFLE

Passamaquoddy Lodge Inc.
Charlotte County Seniors Resource Centre (NHWW)

The chance to win a beautiful lap quilt kindly donated by
The Wee Fabric Shop
St. Andrews, NB

Proceeds will go towards the creation of a free 2028 resource calendar for seniors

Tickets available
5-24 Reed Avenue, St. Andrews
To avoid disappointment, please call our office before you drop by @ 506-408-0041 and
The Wee Fabric Shop
222 Prince of Wales Street, St. Andrews

Licence No. 0030081 169 001

Draw date is Friday 18th December 2026
Tickets are
1 for \$5 or 3 for \$10

 **Charlotte County Seniors Resource Centre**  **PASSAMAQUODDY LODGE**  **Nursing Foyer Home de soins**



A reminder that Daylight Savings Time ends on Sunday, November 1st. Be sure to set your clocks back one hour.